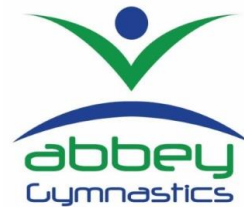


**WELCOME!**



Welcome to our **MULTI-AWARD WINNING, high performing and totally funtastic Abbey Gymnastics CIC!** Thank you for choosing to be a part of our Abbey family which has been recognised as one of **Britain's top Gymnastics Clubs!**

Everyone involved with Abbey Gymnastics CIC wants to promote a friendly, healthy, sociable environment in which all gymnasts will thrive. The Centre operates a development programme, which offers a structured teaching programme for children and adults of various abilities, from complete beginner to advanced and competition standard gymnasts.

**OUR VISION:**

**Gymnastics For All!**

**OUR MISSION:**

'Changing lives by developing gymnastics as a physical health and wellbeing sport for all, through increased participation and engagement and through the delivery of high quality activities and support for our members'.

**OUR CLUB VALUES.....**

**Abbey's values underpin everything that we do in promoting Gymnastics for All!**

**Empowerment:**

People have the right to reach their full potential and we will support them to achieve this.

**Partnership:**

Partnerships and collaborative approaches achieve the best results and impact change at all levels.

**Fair Treatment:**

Everyone has the right to be treated fairly, in a discrimination free environment and to have equal access to opportunities and gymnastics as a sporting activity

**Valuing Everyone:**

Support given by peers, families, friends, and carers should be respected and valued, along with those who work or volunteer to deliver our activities.